



Highlander

Andrews United Methodist Church
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Andrews United Methodist Church Newsletter
October 2021
Volume 27, Issue 10

♥ September Honorariums and Memorials

To the Music Ministry:

In Memory of Dan Hawk,
by Tim and Wendy Adams,
by Dave Bristol,
by Dianne and Jerry Day
by Don and Beth Duncan,
by David and Cheryl Kelley,
by Hildred McMahan,
by Patsy Washam and
Owen McConnel,
by Susann and Maurice West, Jr.,
by Martha West-Peacock.



United Methodist Women Update

Town of Andrews Oktoberfest on October 9, 11am – 7pm. The United Methodist Women are planning a Benefit Bake Sale for Gabriel Mason to help pay for his medical expenses due to CLOVES syndrome. If you can provide baked goods, drop them off at the church office Friday or Saturday morning in front of our church at the table.

United Methodist Women will not meet until further notice.

Birthday club will not meet until further notice.

Poinsettias will be sold during the month of November in Memory of or in Honor of. The last day to order will be November 26. Look for more information and envelopes in the church bulletins during November.

For more UMW information, contact Trudy Reynolds at 813-244-0444, or Beth Duncan at 828-412-9677.

Children and Youth

Sunday Youth Group:
5:00 – 6:30, October 10, 24

5th Quarter: After the game,
October 15, 29

Contact Robby Morris:
radrob6500.rm@gmail.com
Office 828.321.5216
Cell 704.942.8769

Town of Andrews Oktoberfest on October 9, 11am – 7pm. Robby Morris will have a children’s table for crafts and games for the kids attending the fest.

2nd Grade Class: Mrs Forchetti, the 2nd grade teacher of the 2nd grade class at AES that we sponsor, needs some supplies for her class. The easiest way to do that is to buy Walmart or Amazon gift cards so that she can order what she needs. You can drop the cards off at the church or donate funds for the cards, and I will buy and/or deliver them. I recommend \$25 gift cards.

Wonderful Wednesday is an after school program every Wednesday during the school year. It is a lot like VBS. From 3-5pm on Wednesday, we have games, snacks, craft, music, and Bible lessons for the kids. Wonderful Wednesday leaders meet the children after school on Wednesdays at the elementary car rider line; then we walk down the hill to Andrews United Methodist Church. Wonderful Wednesday is hoping to start on Wednesday, October 13th.

Pastor Kathy’s Message

Psalm 46 (NRSV)

- ¹ God is our refuge and strength, a very present help in trouble.
- ² Therefore we will not fear, though the earth should change, though the mountains shake in the heart of the sea;
- ³ though its waters roar and foam, though the mountains tremble with its tumult. *Se’lah*
- ⁴ There is a river whose streams make glad the city of God, the holy habitation of the Most High.
- ⁵ God is in the midst of the city; it shall not be moved; God will help it when the morning dawns.
- ⁶ The nations are in an uproar, the kingdoms totter; he utters his voice, the earth melts.
- ⁷ The Lord of hosts is with us; the God of Jacob is our refuge. *Se’lah*
- ⁸ Come, behold the works of the Lord; see what desolations he has brought on the earth.
- ⁹ He makes wars cease to the end of the earth; he breaks the bow, and shatters the spear; he burns the shields with fire.
- ¹⁰ “Be still, and know that I am God! I am exalted among the nations, I am exalted in the earth.”
- ¹¹ The Lord of hosts is with us; the God of Jacob is our refuge. *Se’lah*

Over the last week I have seen Psalm 46:10a on several social media platforms, “Be still, and know that I am God!” Sometimes with an exclamation sometimes with a period. But I have seen this verse of Scripture about a dozen times. What is God trying to tell us, tell me?

I decided to read the whole Psalm and put the verse in context to see if something stood out. Then I read different translations of Psalm 46 for the same thing. What stood out was that God will end wars, God is in all things, and is with us until the world is no more. Psalm 46:10a kept coming back to me. So, meditation and prayer it is. This is where my heart and mind traveled.

I am a fidgety person. When I was younger sitting still in church was next to impossible. If I moved around too much or was a distraction for those around me, my mom would give me a little pinch. Heaven forbid if I said “ouch” loudly or cried. Today Zoom has shown me that I am still fidgety. I see others sitting still and listening intently and there I am not knowing what to do with my hands. My hands are not politely on my lap but flat on either side of my face or as a fist under my chin or on my desk. I can see why my mom pinched me.

But I don’t think that the “Be still” must be physical. Yes, some need to be sitting quietly while meditating on the word of God.

Pastor Kathy’s message continued on inside page . . .



October Highlights

- 9– Town of Andrews Oktoberfest
- 10– Youth
- 11– Columbus Day
- 15– Fifth Quarter
- 20– AHS Blood Drive at AUMC Family Life Center
- 24– Youth
- 29– Fifth Quarter

In this issue:

- Hands and Hearts Needed
- UMW Update

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101 Chestnut Street
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Birthdays

- 1— Robby Morris
- 2— Cheryl Kelley
- 3— Joslyn Booth
- 4— Ronnie Clontz
- 5— Evelyn Hopkins
- 7— Brent Burch,
Jonathan Burch,
Reagan Adams
- 10— Malachi Haines
- 13— Zoe Tallant
- 15— Adam Manchester
- 17— Rebecca Woods
- 18— Logan Francis
- 19— Lamar Roberts
- 20— Jackie Ledford
- 23— Dee Dooly,
Gabe Gribble
- 25— April Sargent
- 28— Bill Bristol
- 29— Judy Johnson
- 30— Jimmie Pitt
- 31— Madison Rogers

Anniversaries

- 12— Bill & Judy Wyke
- 14— Chuck & Julie West
- 20— Ken & Ann Deese



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3-19th Sunday Pentecost 9:30—Adult Sunday School 10—Children Sunday School 11:00—Worship	4	5	6 6:30—Choir	7 5-6:00—Welcome Table— United Methodist Men	8	9 *** 11am-7pm— Andrews Oktoberfest
10—20th Sunday Pentecost 9:30—Adult Sunday School 10—Children Sunday School 11:00—Worship 5-6:30—Youth	11 Columbus Day	12	13 6:30—Choir	14 5-6:00—Welcome Table—	15 5th Quarter	16
Robby Morris will lead Sunday worship.				October 7—11: Pastor Kathy and Gene McAbee away —		
17—21st Sunday Pentecost 9:30 Adult Sunday School 10—Children Sunday School 11:00—Worship	18	19	20 7am-1pm—Red Cross Blood Drive for AHS	21 5-6:00—Welcome Table— Sam Mabry	22	23
24—22nd Sunday Pentecost 9:30 Adult Sunday School 10—Children Sunday School 11:00—Worship 5-6:30—Youth	25	26	27	28 5-6:00—Welcome Table— St. Andrew Lutheran Church	29 5th Quarter	30
31—23rd Sunday Pentecost Change Sunday 9:30 Adult Sunday School 10—Children Sunday School 11:00—Worship						

We are proclaiming the good news to you: turn to the living God and away from such worthless things. He made the heaven, the earth, the sea, and everything in them. In the past, he permitted every nation to go its own way. Nevertheless, he hasn't left himself without a witness. He has blessed you by giving you rain from above as well as seasonal harvests, and satisfying you with food and happiness. — Acts 14:15b-17 CEB

Please Note: Charge Conference will be on Sunday, November 14 at 5 PM in the Sanctuary. Pastor Wil Posey of Murphy First United Methodist Church will officiate.

... Pastor Kathy's message continued from front page:

Others may meditate while pacing, walking, running, canoeing, etc. I believe that the "Be still" has to do with the mind and heart.

The world is demanding our attention at every waking moment. Radio, TV, internet, cell phones seem to be our constant companions. Our minds and hearts are going in a thousand different directions, we are becoming anxious about everything, we are worrying about things over which we have no control...All of this will affect us physically: acidy stomachs, tension in our muscles, headaches, and sleep issues to name a few. In the CEB translation, the "Be still" portion of the verse is translated as "That's enough!" I can hear God as a parent telling us, "That's enough." Even Jesus took off to quiet places to be still and be with God.

We have forgotten how to tune out the world. We have forgotten how to be still. We need to relearn how to still our minds and hearts. Whether you are a sitter or mover when you think, I recommend five minutes a day to start.

- 1) Turn off your electronics. We all can be unplugged for five minutes.
- 2) Try to clear your mind.
- 3) Pick a verse or a portion of a verse.
- 4) Take a moment or two to breathe deeply. Pay attention to your breathing. As your breathing slows so will your heart.
- 5) Either sitting or moving, quietly run the verse through your heart and mind. Let the verse wash over you.

When we still our mind and heart we can hear more clearly the voice of God.

You will keep in perfect peace those whose minds are steadfast, because they trust in you.
- Isaiah 26:3 (NIV)

Hands and hearts needed:

As we ease back into our usual activities of worship, fellowship, and community ministry, we need to renew our team of volunteers who help make these missions possible. There are many opportunities for service; here are some of them:

Librarian - No experience necessary, training available, will take an hour or so a week to maintain an orderly library.

Usher / Head Usher / Greeter - Smiling faces are needed for this great opportunity to make a good first impression for our church.

Liturgists - Usually assigned for a month, this is a meaningful way to participate in worship.

Home Delivered Meals - This is a program of the Andrews Senior Services Center that several of our members support. Call Patricia Golden at 828-321-4505 to volunteer.

Welcome Table - Always in need of helpers and diners.

Nursery Helper - Must have Safe Sanctuaries training and certification, ask Robby Morris how to qualify.

Children's Programs - Wonderful Wednesday and Vacation Bible School give you a chance to bring God's message to kids.

Youth Programs - Speak to Robby Morris about how you can help bring fun and faith to our youth.

Call the church office, 828-321-5216, or email andrewsumc@gmail.com, if you would like more information about or to volunteer for any of these important positions.

Let the favor of the Lord our God be upon us,
and prosper for us the work of our hands—
O prosper the work of our hands!

Psalm 90:17



Our next blood drive, which we will host for the Andrews High School, is scheduled for **Wednesday, October 20, 2021, 7:00am—1:00pm**, in the Family Life Center. Go online at www.redcross.org/give-blood.html to schedule an appointment or drop in.